



# HOLIDAY MEAL PLANNER

*and grocery list*

*appetizers*

*main course*

*sides*

*bread*s

*beverages*

*desserts*

## GROCERY LIST

### VEGETABLES

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### FRUITS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### NUTS & SEEDS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### GRAINS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### HERBS

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### MEATS & SEAFOODS

- \_\_\_\_\_
- \_\_\_\_\_

### DAIRY

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### BAKING/PANTRY SUPPLIES

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*cotter*  
CRUNCH